

IF YOU STUDY, DO RESEARCH, TEACH OR  
WORK AT THE SCUOLA NORMALE, THE  
SANT'ANNA OR THE UNIVERSITY OF PISA

 **Sportello**  
interuniversitario pisano  
contro la **violenza**  
di genere

# Stalking?

Do they text you all the time? Do they wait for  
you at your front door, at university, in the places  
you usually frequent? Do they send you **gifts** even  
though you said you don't like it?

Do you experience **anxiety and fear** and have you  
changed your habits to avoid these situations?



**CONTACT US**  
**antiviolenza@ateneipisa.it**  
**0502215104**

- **FREE**
- **ANONYMOUS**
- **NO OBLIGATION  
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# Rape?

Have they ever forced you to have sexual  
intercourse or practices that you didn't want?  
Have they ever continued having sexual  
intercourse when you asked to stop?  
Have they ever abused you when you could  
not give your consent because you were  
unconscious or under the influence of  
substances?



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# Doubt?

Nothing serious has happened, but has there  
been any **unacceptable behaviour at times?**  
You do not understand what happened, but do  
you experience a feeling of **discomfort or**  
**anxiety?**



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# Sexual harassment?

Have they ever made **comments with a sexual content?** Have they ever invaded your personal space with **physical contact** without your consent? Have they ever **threatened you** or put **pressure on you** for sexual intercourse?



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# Control?

Do they check your phone, your emails or your social networks? Do they know about your movements and your acquaintances without you telling them about them? Do they often want to know what are you doing, where you are going and who you are you with? Do they express forms of jealousy that make you uncomfortable?



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# Isolation?

Do they constantly want to be with you?  
Do you see the people who are important to you  
increasingly less, so as not to have arguments?  
Do you feel the limitations are getting  
worse?



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# Phy sical vio lence

Do they ever shove you, hit you, pull your hair,  
slap, kick, or punch you? Do they ever break  
objects that are important to you, making you  
afraid? Do they attack other people close to you?  
Do they harm your pets?



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# Digital violence

Have ever you received **hate speech** on social media or on other digital media? Did you ever get to know that some of your **intimate photos** were shared without your consent? Do you get **storms of insults** under your posts with insulting comments about your physical appearance or hints about your sexual conduct?



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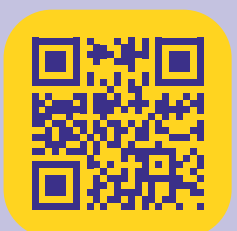


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# Economic violence?

Do they check your bank account? Do they not allow you to use your money or do they want to know how and why you spend it? Do they use your savings without an agreement between you? Do they forbid you from working for your own income by telling you it's not necessary?



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# Verbal violence

Do they denigrate your choices, your behavior,  
your body with **insults** and **humiliating**  
**and/or scary expressions**? Do they threaten to  
harm you or people close to you? Do they  
apologize and **promises to change**, but then start  
all over again with verbal assaults?



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# Discrimination?

Have you ever been discriminated against because of your **gender identity** or your **sexual orientation**? Are you afraid to say it because you fear repercussions? Have you ever been mocked, **punished** or received **inappropriate comments** for the way you dress or behave? Have you ever suffered from isolation from the group?



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